

**PERSONAL & ATHLETIC INFORMATION**

NAME Hanna-Maria Seppälä  
 WEB [www.hanna-maria.com](http://www.hanna-maria.com)  
 DOB 1984/12/13, city of Kerava, Finland  
 FAMILY Father Timo, mom Mirjami, brothers Tero, Jere, Juuso Seppälä  
 EDUCATION Secondary school graduate, Sports high school in Mäkelänrinne Helsinki, Finland. Graduated for physiotherapist at Arcada University in Helsinki, Finland in 2009  
 SWIMMING Started swimming at the age of six. Systematic training since 12 years old. Currently professional swimmer, World Champion, multiple European Champion & National Champion.  
 MAIN OBJECTIVES Medal in London Olympics 2012, medals in World and European Champs  
 MAIN EVENTS 100m freestyle and 100m medley  
 SWIMMING CLUB Cetus, member of Finnish National team  
 COACH Mirjami Seppälä (personal coach)  
 MANAGER SportElite Marketing Ltd, +358 (0) 400 240 935, [contact@sportelite.fi](mailto:contact@sportelite.fi), [www.sportelite.fi](http://www.sportelite.fi)



**BEST ACHIEVEMENTS**

WORLD CHAMPION: 100m freestyle, Barcelona, Spain 2003  
 EUROPEAN CHAMPION: 2005, 2006, 2007, 2008

MEDALS / pcs

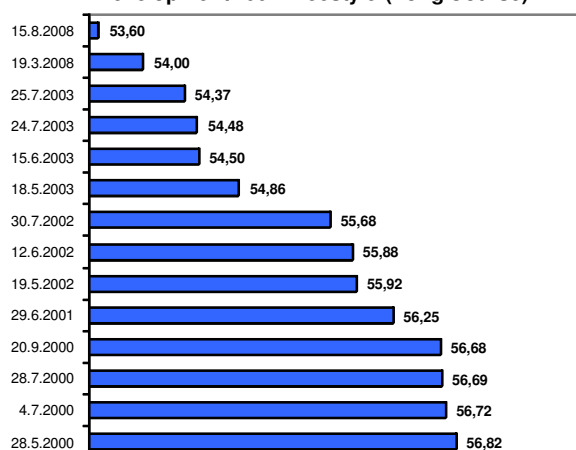
RACE	GOLD	SILVER	BRONZE	TOTAL
WC medals	1	2	1	4
EC medals	4	2	3	9
Nationals	95	14	1	110
<b>Total</b>	<b>100</b>	<b>18</b>	<b>5</b>	<b>123</b>

RECORDS

RECORD	PCS
European records	3
European junior records	1
Nordic country records	9
Finnish national records	100

**Total 113**

**Development 100m freestyle (Long Course)**



**SPONSORS & SUPPORTERS**

